

Mother's Day Mug Rug



designed by Julie Taylor

A free pattern from www.mackandmabel.blogspot.co.uk

A mug rug is small quilt, like a coaster, but larger so that you can put that deliciously naughty slice of cake or cookie on as well as your cup of coffee! They are quick and fun to make and I have designed this one especially as a gift for Mother's Day.

Of course, you could substitute the name of a friend or other relative, or just embroider a few flowers instead of the "Mum".

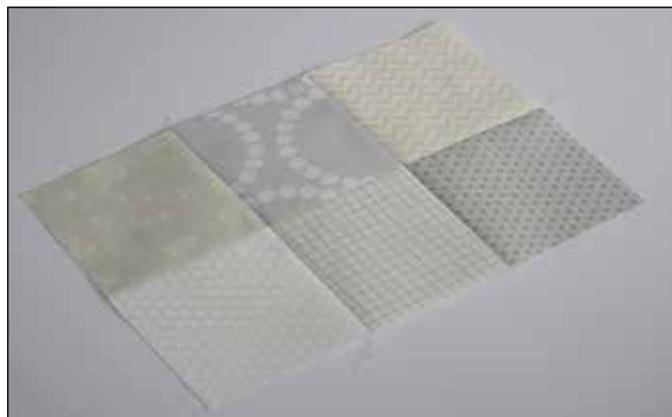
The pieces are appliqued onto a very simple patchwork design. It's an ideal project for a beginner quilter, a child if given a little supervision or just someone wanting a quick make for a gift.

YOU WILL NEED

6 different 3½" square pieces of low volume prints for the background
7"x10" piece of backing fabric
7"x10" piece of wadding
1¼"x40" length of fabric for the binding
6" square of fabric for the mug
4"x2" piece of solid white fabric for the name border on the mug
5"x1" piece of solid fabric for the open top of the mug
4" square of fabric for the bird
2" square of contrasting fabric for the bird's wing
2" square of fabric for the heart shaped teabag that the bird is holding
A4 size or similar size sheet of Bondaweb or other fusible webbing
Sewing machine threads to match the applique
Pencil
Scissors
Sewing machine
Erasable marker pen
Embroidery thread
Embroidery needle

CONSTRUCTION

Take the 3½" squares of low volume fabric and sew together in a 2 by 3 arrangement, using a ¼" seam allowance throughout. Press the seams open or to one side, according to your preference.



Print the last sheet of this PDF containing the templates. Make sure the scaling on your printer is set to either None or 100% and check that the 1" square on the sheet is the correct measurement before you proceed any further. Trace the outlines of the applique shapes onto the paper side of the Bondaweb. The easiest way to do this is to tape the printed sheet to a window and place the Bondaweb, paper side up, on top. It is a good idea to label the shapes as you go. Roughly cut out the Bondaweb shapes leaving a small margin around each.



Iron each one onto the reverse of the fabric you have chosen for them.

Cut each shape out accurately.

Trace the word "Mum" centrally onto the front of the mug border section using a washable or erasable marker.

Note: If your border is white, as mine is, you will be able to see through to trace.



Remove the backing paper from each piece and place on the background, adjusting them until you are happy with the placement. Remember to leave at least ¼" margin around the outside edge of the background to enable you to add the binding.

Secure the pieces in place with a dry iron. If the pen you have used to mark the wording is heat sensitive, just place the iron around the edges of this section, not over the wording.



Using a zig zag stitch, machine sew around the edge of each piece in a thread that matches or blends with the piece. Using back stitch, hand embroider the word "Mum" following the traced outline.

Embroider two legs on the bird so that he perches on the edge of the mug.

Embroider a string from the top of the heart-shaped tea bag to the bird's beak and a little beyond as shown in the photo.

I was able to use a flower on the fabric as an eye for the bird. You will need to embroider one on using a french knot or a simple cross stitch



Create a quilt sandwich with backing fabric right side down on the base, the wadding in the middle and the appliqued piece right side up on the top.

Pin or spray baste and quilt as desired.

I chose straight line quilting with a walking foot. The lines were just over 1/4" apart. This did mean having a lot of ends to tie in as I didn't quilt over the applique, but I didn't mind as this was the look that I wanted.

An all over meander would be a simpler but effective choice.



Trim the excess wadding and backing fabric away from the mug rug, using a quilting ruler to ensure that your corners are square.



To bind your mug rug, cut a length of fabric 1 1/4" wide by about 40" long.

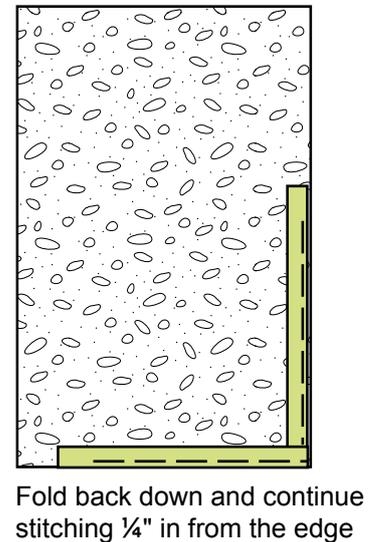
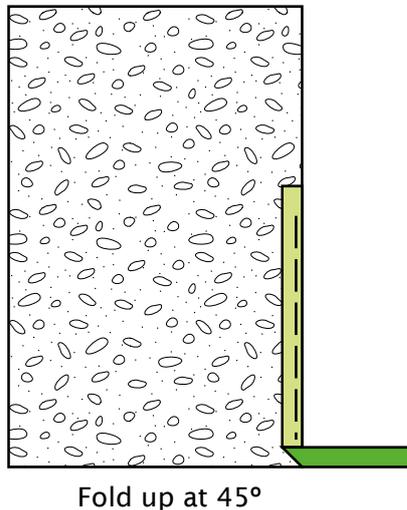
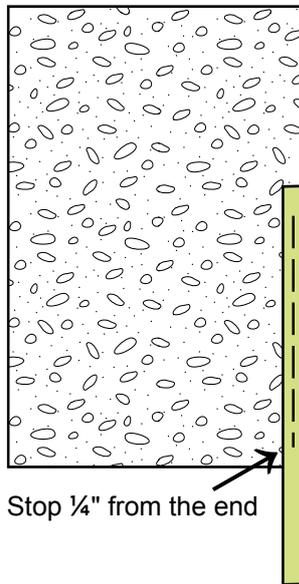


With right sides together place the edge of the binding about halfway down one long edge of the mug rug and pin in place. With the walking foot attached, and beginning about 2" from the start of the binding strip, sew the binding to the quilt with a ¼" seam.

This is how you mitre the corners:

Stop sewing when you are ¼" from the first corner. Stitch in reverse for a few stitches to secure. Raise the machine foot and move the quilt from under the foot. Fold the binding away from the quilt, so you have a diagonal fold at the corner. Bring the binding back down over the diagonal fold so that it is level with the top and side of the quilt corner. Pin in place.

Continue stitching, starting ¼" in from the corner, pinning if needed.



Repeat for each corner. When you are about 1" away from where you started, stop sewing and reverse a few stitches to secure. Fold the start of the binding at an angle of 45° away from the mug rug and finger press



Bring the end of the binding up to meet and overlap the start a little. Fold away at an angle of 45° as shown





Continue sewing where you left off, sewing over both edges until all the binding is secure.

Trim away the excess, leaving approx ¼" seam allowance

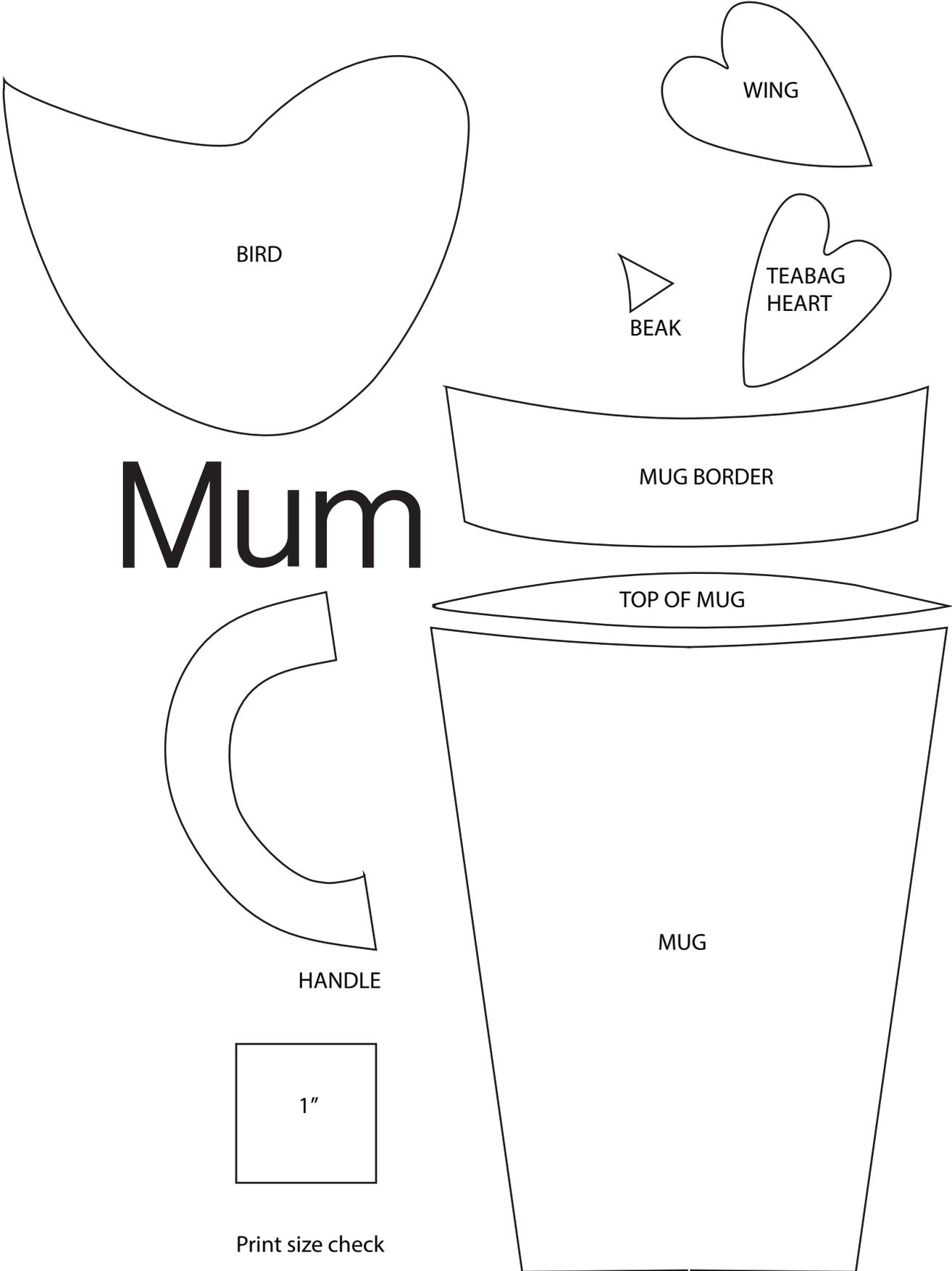
Fold the binding away from the seam and press. Fold under ¼" on the opposite edge and press in place. Slip stitch to the back of the mug rug.

Your mug rug is complete and ready to be enjoyed along with a cup of coffee and a cake!



Mug Rug Applique Templates

(templates are reversed ready to draw onto paper side of iron on adhesive)



Square is exactly 1" (2.54cm)